

WUOT CV

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Sarah Cheatham Oberle

Contact Information

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Present Position

2023 – present Instructor in Occupational Therapy and Pediatrics, Program in Occupational Therapy
Washington University School of Medicine, St. Louis, MO

Education

Undergraduate

2004 – 2008 BA; Wake Forest University, Winston-Salem, NC

Graduate

2010 – 2013 OTD; Washington University, St. Louis, MO
Thesis: Peripheral vestibular dysfunction: Factors affecting participation in adults
Mentors: Dr. Meredith Gronski and Dr. Tim Hullar

Continuing Education

2015 Self-Regulation in Children: Keeping the Body, Mind, & Emotions on Task in Children with Autism, ADHD, and Sensory Disorders

How Do I Do an FBA and BIP?

2016 A Contemporary Occupational Performance Approach to Pediatric Self-Regulation

Get Set for School Readiness & Writing Workshop

Cutting Edge Strategies to Improve Executive Functioning Success & Advanced Training in Interventions to Improve Executive Functioning

2017 An Inter-Professional Approach to Supporting Individuals with Autism

MO Trauma Sensitive Schools: Improving Educational and Emotional Outcomes for Your Most Challenging Students

2018	Building NEW Neuropathways to Master Visual and Auditory memory, Visual Perceptual Skills, Visual Motor Skill Development, and More
2020	Anxiety in the Classroom Executive Functions Part 2: Strategies to Foster Motivation and Tackling Many Moving Parts of Any Assignment
2023	Functional Cognition Overview of Executive Function, Memory, Self-Awareness and Metacognition Functional Cognitive Performance-Based Assessment and Error Analysis Fundamentals of the Multicontext Approach

Clinical Title and Responsibilities:

2014 – present	Occupational Therapist, St. Louis, MO Washington University in St. Louis
2014 – 2015	Research Coordinator, St. Louis, MO Dr. Roberta Pineda’s OT NICU lab
2015 – present	Occupational Therapist, St. Louis, MO Central Institute for the Deaf (CID)
2015 – present	Occupational Therapist, St. Louis, MO Community Practice

Teaching Title and Responsibilities

2014 – 2016	Co-instructor Fundamentals of Healthcare and Professional Practice with Dr. Duana Russell-Thomas Washington University in St. Louis, Program in Occupational Therapy, St. Louis, MO
2018 – 2019	Tutor for Case-Based Learning course, directed by Drs. Sue Tucker and Monica Perlmutter Washington University in St. Louis, Program in Occupational Therapy, St. Louis, MO
2019 – 2020	Independent study mentor 2019: Mallory Varnum, OTD, OTR/L 2020 Jenny Kwon, OTD, OTR/L

University, School of Medicine and Hospital Appointments and Committees

Inclusive years; Hospital (Attending) title; Hospital/Institution

Medical Licensure and Certification

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|----------------|--|
| 2014 - present | Missouri Occupational Therapy License
License number: 2014010523
Active |
| 2014 | NICU Network Neurobehavioral Scales assessment administration, trained by Dr. Roberta Pineda |
| 2022 | Basic Life Support, American Heart Association |
| In progress | Certified ADHD Professional (ADHD-CCSP), through PESI |

Community Service Contributions

Professional Societies and Organizations

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|----------------|---|
| 2014 – present | American Occupational Therapy Association |
| 2014 – present | World Federation of Occupational Therapists |
| 2017 | Missouri Occupational Therapy Association |

Media activities

Major Invited Professorships and Lectureships

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|------|---|
| 2014 | Division for Early Childhood's International Conference on Young Children with Disabilities and Their Families <ul style="list-style-type: none">- Presentation: Inclusive Education Practices in Cusco, Peru |
| 2015 | American OT Association Conference <ul style="list-style-type: none">- Workshop: Neonatal Neurobehavioral Assessment- Presentation: Assessment of Autism Symptoms During the Neonatal Period: Is There Early Evidence of Autism?- Poster: AHA! The Awareness After Head Injury Approach |
| 2016 | Promoting Inclusion of Children with Disabilities <ul style="list-style-type: none">- International Congress on Strategies and Practices for Inclusion of People with Disabilities, Cusco, Peru |
| 2017 | Missouri OT Association Conference <ul style="list-style-type: none">- Presentation: Shaping the Future: Resounding Support for OT for Children with Hearing Loss |
| 2017 | American OT Association Conference <ul style="list-style-type: none">- Short Course: Development and Implementation of a Student-Led Service Learning Curriculum: Strategies and Recommendations |

2019 Therapeutic Collaboration for Children with Hearing Loss
- St. Louis Children's Hospital Therapy Grand Rounds

2023 TOPSoccer National Symposium
- What to Do When Things Go Sideways

Consulting Relationships and Board Memberships

2016 - 2018 Manos Unidas International

Trainee/Mentee/Sponsorship Record:

2017-2019 OT Student-Led Service Learning Trip to Guatemala
– Mentored 12 graduate students per year on a myriad of factors related to international service learning, including cultural humility, entry-level OT support across the lifespan, and low-tech assistive devices for ADLs, IADLs, and social participation
– Facilitated evening discussions each day for the one-week trip to reflect on significant cultural and clinical experiences
– Translated between Spanish and English for clients and students

2019-Present Deafness OT Support (DOTS) mentored scholarship lab for OTD students. Students and their projects include:
2019-2021 Lauren Morgan, OTD, OTR/L
- Understanding Teachers' of the d/Deaf Experiences with Executive Function and Occupational Therapy in a Site-Based School Program
2020-2021 Brittany Grimes, OTD, OTR/L
- Perspectives of Teachers of the d/Deaf on Students' Cognitive, Self-Advocacy, and Social Skills as Related to Development of an After-School Program
2020-2021 Allie Snell, OTD, OTR/L
- A Qualitative Analysis of the Perspectives of St. Louis Teachers of the d/Deaf on Student Executive Functioning
2021-2022 Ariana Michel, OTD/S '23
- Evolution and Utility of a Teacher Feedback System for an After-School Executive Functioning Support Program
2021-2022 Kelsey Stevens, OTD/S '23
- The Development of an After-School Executive Functioning Support Program and Curriculum Manual
2021-2022 Paige McDermot, OTD/S '23
- Parent's Perspective on Executive Functioning Skills for their Child with Hearing Loss
- IRB #202110140
2021-2023 Delaney Jordan, OTD/L, PPOTD/S '23
- A Case Study Comparison of Participation Patterns of a Child with Hearing Loss to a Child with Typical Hearing (abstract in progress)

- IRB #202008200
- 2022-2023 Erin Furney, OTD/S '24
 - A Case Study Comparison of Participation Patterns of a Child with Hearing Loss to a Child with Typical Hearing (abstract in progress)
 - IRB #202008200
- 2022-2023 Kathryn Keinholz, OTD/S '24
 - The Development and Dissemination of Educational Modules for Teachers of the d/Deaf to Support Students' Executive Functioning (abstract in progress)
- 2022-2023 Alison Martin, OTD/S '24
 - Design of a Pre-test/Post-test Protocol for Evaluation of an Executive Functioning Program for Students who are Deaf and Hard of Hearing (abstract in progress)

- 2016-2022 Fieldwork Level II Clinical Instructor | 4 students, including:
 - 2016 Kaylee Breitenbucher, OTR/L
 - 2018 Jill Jachino, OTR/L
 - 2021 Audrey Peppin, OTR/L
 - 2022 Julie Chen, OTD/S '23

- 2022-2023 Capstone Mentor
 - 2022 Brittany Grimes, OTD, OTR/L
 - 2023 Tiffany Wei, OTD/S '23 (planned for summer 2023)

Bibliography:

Original, peer reviewed articles in refereed journals

1. Pineda R, Melchior K, Oberle S, Inder T, Rogers C. Assessment of Autism Symptoms During the Neonatal Period: Is There Early Evidence of Autism Risk? *Am J Occup Ther.* 2015 Jul-Aug; 69(4):1-11. doi: 10.5014/ajot.2015. 015925.
2. Pineda R, Guth R, Herring A, Reynolds L, Oberle S, Smith J. Enhancing sensory experiences for very preterm infants in the NICU: an integrative review. *J Perinatol.* 2017 Apr; 37(4):323-332. doi: 10.1038/jp.2016.179. Epub 2016 Oct 20.